



## National Volunteer Award



The Amanda Young Foundation recently gained Australia wide recognition by being judged as the winner of the National Volunteer Award in the category of Health and Well-being. The award is conducted Australia Wide on an annual basis and sponsored by National Australia Bank. It carried prize money of \$10,000.00 and a trophy and attracted a huge field of entries.

The presentation ceremony was held in Sydney on 5th December 2003 and former champion athlete Raelene Boyle presented the award to Foundation representatives Lorraine and Barry Young.

Lorraine in her acceptance speech paid tribute to the work of our willing band of volunteers who ensure that our events are conducted smoothly and effectively. The award recognises the valuable work that charitable organisations do in the community whilst simultaneously embracing a spirit of goodwill and friendship.



Our grateful thanks to the National Australia Bank for their generous sponsorship of the Awards and their hospitality during the presentation ceremonies in both Perth and Sydney.

Special thanks to Caroline Davies and her colleagues at the National Bank Armadale for their encouragement and voluntary services during the Moulin Rouge Ball at Burswood and at Amanda's Garden Fete.



## Aussie Garden of the Year



Amanda's Memorial Garden in Southern River was a top ten finalist in the Better Homes and Garden Aussie Garden of the Year Competition. The segment appeared on TV on 28th October 2003 and was viewed by an Australian wide audience of 2 million people. Better Homes and Gardens Magazine also featured a double page story on the garden in their December

issue, which again boosted the profile of the Foundation. Presenter Graham Ross subsequently interviewed Lorraine on his popular gardening program on 2GB Sydney and paid tribute to our community awareness innovations.

Our thanks to Christine and Paul Jones for their initiative and expertise in the submission of the entry for this competition.

# From the Chairman

It's now a little over 6 years since the establishment of the Amanda Young Foundation. During that time much has been achieved. This includes:

- Continuing publicity programmes that have highlighted the dangers of the deadly meningococcal disease, publicity that we know has saved many lives;
- Conducted many successful fundraising events that have helped fund the Foundations initiatives;
- Conducted four Youth Leadership Summits that have successfully helped shape some of our States future leaders;
- Funded research that we hope will one day lead to beating this deadly problem.

All of this work has been supported by many hundreds of people, guided by a committee that I have been honoured to lead during this time.

As I move on to working on other community projects I would like to thank all those who have worked to establish the Foundation so successfully.

It is sure to flourish under new leadership, with the ongoing support and commitment of so many dedicated people.

Barry MacKinnon  
Chairman

## Accountability

*Thanks to the generosity of our sponsors and many dedicated efforts from our volunteers, we were able to effectively raise over \$120,000 during 2003. This was achieved from:*

|                      |                  |
|----------------------|------------------|
| Amanda's Garden Fete | \$30,400         |
| Donations            | \$30,000         |
| Moulin Rouge Ball    | \$21,600         |
| Fun Rowing Regatta   | \$10,700         |
| National Bank        |                  |
| Volunteer Award      | \$10,000         |
| General Fundraising  | \$1,230          |
| Champion's Breakfast | \$1,770          |
| Young Leaders -      |                  |
| Sponsorship and Fees | \$17,200         |
| <b>Total</b>         | <b>\$122,900</b> |

*Our expenditure was:*

|                              |                  |
|------------------------------|------------------|
| Community Awareness          | \$60,400         |
| Research                     | \$10,000         |
| Young Leaders' Summit        | \$23,700         |
| Office Expenses              | \$5,000          |
| Salary (part time share with |                  |
| Meningitis Centre)           | \$16,100         |
| Appreciation Gifts           | \$870            |
| Sundry Expenses              | \$2,700          |
| <b>Total</b>                 | <b>\$118,870</b> |

*Amanda Young Foundation News is written by Barry Young and compiled by Lorraine Young on behalf of the Amanda Young Foundation. Printed by Worldwide Online Printing Cannington. Photos courtesy Comment News, Gosnells Examiner and Chris and Paul Jones.*

## Farewell Barry MacKinnon

Barry MacKinnon our inaugural Chairman since the inception of the Amanda Young Foundation in March 1998 has announced his retirement from the position.

Barry has been an excellent leader providing a great deal of guidance and expertise to ensure the Foundation was established in a sound legal basis. His conduct of the monthly steering committee meetings has been smooth and to the point. He has never lost sight of our reason for being and under his leadership a great deal has been achieved.

He has enthusiastically entered into the spirit of our Rowing Regattas and has been happy to coach novice crews enjoying the challenge and friendship.

We appreciate his great contribution to the Foundation, we have enjoyed his company and all members of the committee wish him well as he moves on to new challenges.



## Young Leaders

We were delighted that a number of 2003 young leaders actually put their "theory into practise" and helped out in various ways during the year. A number of girls assisted during the Garden Fete and also provided valuable assistance during the Olympic Fun Run on 9th November. Thanks to Krissie, Brooke, Bronte, Racheal, Victoria and Melissa.

Word has filtered through that many have been elected School Captain and Student

Councillors of their respective schools. Congratulations – we are sure that you will do a great job and don't forget the Dr Dingle DEAL.



## Penrhos Art Exhibition

Penrhos Year 12 Visual Arts students put their considerable talents on display at the Performing Arts Centre at the College in October 2003.

The 2003 Exhibition was an outstanding demonstration of creative art, textures and photography and thoroughly enjoyed by

an appreciative gathering of parents and friends.

The gold coin admission was kindly donated to the Amanda Young Foundation and we thank Mrs Bell and the organisers for their wonderful support.

## Gold Medal to Penrhos College

The inaugural Amanda Young Foundation Gold Medal Community Award was awarded to Penrhos College.

The presentation was made in September to Penrhos Principal Mr Graham Rixon by Olympic triple Gold Medallist Rechelle Hawkes.



The College has been outstanding in its continued support of the Foundation since its inception, with the provision of meeting facilities, rowing equipment, the promotion of the Foundation events and the conduct of an annual walkathon and art exhibition by Year 12 students.

Their generous ongoing support has been given in a most willing and wholehearted manner typifying the ethos of Penrhos College.

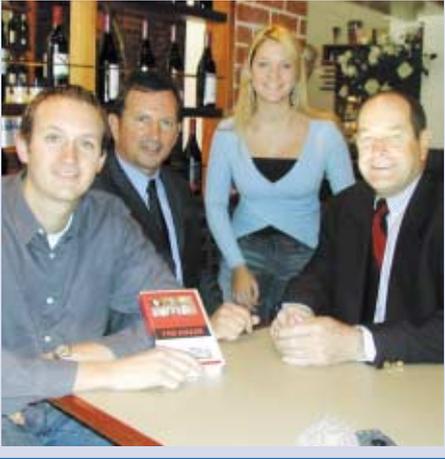
Two Community Gold Medals will be awarded annually in the future. One an individual award and the other to the organisation which has provided outstanding support to the Foundation over an extended period.



## Appealathon

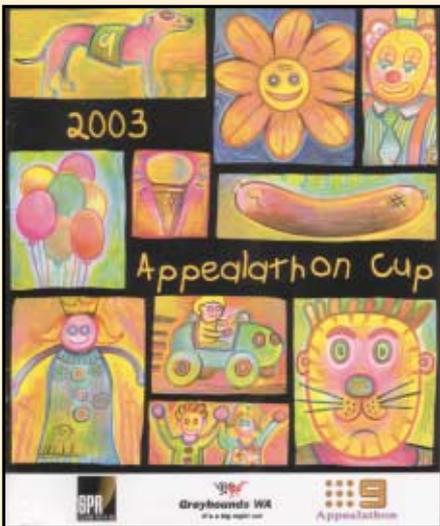
The Community Service Announcements featuring Suzie and Peter the two university students who survived meningococcal disease in 2002 and Dr Clay Gollidge, Senior Clinical Microbiologist at the Western Australian Centre for Pathology and Medical Research, are currently being screened during prime time by Channel 9 Perth.

The support of Channel 9 for our community awareness program has been absolutely outstanding and we express our grateful thanks for their encouragement and generosity.



## Appealathon Cup

The annual Appealathon Cup Meeting was held at Cannington Greyhounds on 4th October 2003. The first race on the program was named after the Amanda Young Foundation and our banner was prominently displayed on course. 150 happy children went home with an Amanda Young Foundation message on a water bottle.



## Web is truly world wide

Our website [www.amandayoungfoundation.org.au](http://www.amandayoungfoundation.org.au) continues to attract attention particularly as our profile increases Australia wide. Remarkably 35% of the visits to our site come from overseas with the USA providing the majority of visitors. We have now established a link with Meningitis Canada formed by the Blain Family.



## Meningococcal Research Project

Work in the laboratory has proceeded steadily over the last 12 months. This work is undertaken by Noel Chow, who is a doctoral student, at the University of Western Australia. The main focus of his work is to manipulate the genes of meningococci so that a single gene is specifically inactivated, while all other genes are left unaffected. By comparing meningococci which have had one gene inactivated with normal or 'wild-type' meningococci it is often possible to determine the precise role of the gene which has been 'knocked-out'. Noel has successfully constructed six strains, each of which has had a different gene inactivated. He has tested these strains to ensure that only the target gene, and no others, have been inactivated.

The next phase of his work will be to assess the virulence of the constructed strains with wild-type meningococci. If the virulence is reduced, but the strains are capable of healthy growth on laboratory media, this will be strong evidence that the genes contribute to virulence. Some of this work will be conducted in Perth and some will be performed at St Mary's Hospital, London, where Noel will spend several months later in the year. The researchers at St Mary's are recognised as world leaders in undertaking research into the meningococcus. If Noel's work suggests that these genes are involved in the virulence of the organism, and especially that they are actively expressed during infection, the next steps will be to determine if patients who have had meningococcal disease develop antibodies to the proteins expressed by these genes. If so, they might then be taken forward as candidates for a vaccine. The meningococcus has about 2000 genes, so testing these 6 genes is only a small step, but it will still have helped to characterise the role of these genes in virulence, and to have determined their potential as vaccine candidates. This work has been critically dependent on the generous support of the Amanda Young Foundation.

Dr Steve Webb, Intensive Care Consultant, Royal Perth Hospital

## Don't Catch The Killer what people have said...

*"More needs to be done to protect our young people than simply vaccination. This video provides that further protection, giving young people the information they need to make thoughtful decisions to be aware of the disease"*

Julia Gillard, MP, Australian Federal Shadow Federal Minister for Health

*"It is well produced, educationally sound and appropriate for students in Department of Education and Training schools. All government schools would benefit from the use of this resource"*

Paul Albert, Director General, Department of Education and Training, WA

*"They found it very informative and confronting – it kept two combined classes silent which is no mean feat! As a parent and teacher, I found it very good"*

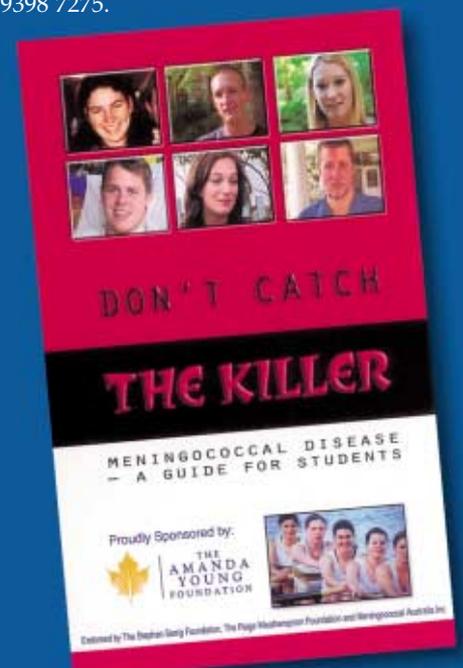
Linda Herbert, Teacher Science-Biology, Years 11-12, SCECGS Redlands

*"As a mother, a teacher of Health Studies and a former elite athlete still involved in sport this video is so relevant and vital in all of these areas. Since viewing the video with my Year 11 students, I have shown athletes, parents, coaches, teachers and family the video and all of them have been moved by the compelling stories. Awareness is the key to fighting this shocking disease, and therefore this video is a must for all to see"*

Lee Capes – Australian Olympic Gold Medallist Women's Hockey (1988), Teacher, Year 11 Health Studies, Rossmoyne Senior High School, WA

Kay Stammers reports that "Don't Catch The Killer" and "Fighting Meningococcal" have both received endorsement by Meningitis Foundations in Canada and USA.

Copies of the video are freely available – please contact Barry or Lorraine Young on 9398 7275.





# Amanda's Garden Fete 2003

The annual Garden Fete in October 2003 was again an outstanding success with nearly \$30,000 being raised over the 4 days. Weather conditions were ideal and following good winter and spring rains the garden looked a picture with the roses blooming at the desired time.

Over 60 dedicated volunteers willingly performed a multitude of tasks to ensure the event was an enjoyable and profitable one.

Special thanks to our major sponsors of the event – Sunnyvale Plants, Woolworths,

Dawsons Garden World, Bunnings, Greta's Garden, Brumbys, Loadstar Trailers, Landsdale Nursery and Country Thyme. Thank you also to our many donors of raffle prizes, our musicians Robert Boyd and the Huntingdale Primary School students and the Gosnells and Thornlie Rotary Clubs for keeping the sausages sizzling.

We thank Neville and Trevor the Garden Gurus, The Sunday Times, West Australian Habitat, Comment News, The Examiner and Sabrina Hahn for paying us a visit and promoting the garden.





# Fun Rowing Regatta

Another successful Fun Rowing Regatta was conducted at Canning Bridge on 9th November 2003. Fancy dress was the order of the day with "The Highlanders" and "Suffragettes" being outstanding.

Once again our volunteers were on hand to look after the catering arrangements, WA Rowing officials supervised the events and Steve Fisher, Vanessa Grant and Keith Reynolds kept the show on the water and on time.

A big thank you to all participants, coaches, donors, sponsors, officials and volunteers for your contribution to an enjoyable morning.



*'The Fresh Food People'*  
**WOOLWORTHS**

**BUNNINGS**

**LOADSTAR TRAILERS**  
 CHARLES STREET BENTLEY

Dear Mr and Mrs Young,

Thank you for taking the time to come and visit the Challis Primary School's Healthy Living Expo on the 19th November. I, myself, am not a student at Challis but the way that you informed us about the disease and how you coped with all the questions we had was excellent. The children from Armadale Primary who were lucky enough to experience this great Expo were amazed at the facts about Meningococcal and couldn't stop reading the pamphlet you supplied us with for days on end. We send our condolences to you and your family on the loss of your dearest daughter Amanda even though it was 6 years ago that she passed on to a better place and would like to commemorate the great stall that you had set up. It was quite interesting to watch that video you had been playing and seeing the damage that Meningococcal can do to the victim and their family. We thank you dearly and hope that the Amanda Young Foundation goes well and gets the message out to many families.

Sincerely,  
Renee Chiera and Armadale Primary School

## Wheelchair Basketball Champions

We were happy to supply the Australian Wheelchair Basketball team with our water bottles for their tour to Japan and absolutely delighted to hear of their success and receive photos from Tokyo.



## Olympic Fun Run Burswood

A small team of helpers braved the early morning to assist with the distribution of water bottles to the participants in the Olympic Fun Run on the 9th of November 2003. Some of the legends of Australian sporting history were on hand to sign autographs.



## Willetton Senior High School

2003 Leavers at Willetton were all issued with a message on a bottle at their final assembly. Our thanks to the Willetton Admin and Health staff for adopting such a proactive approach.

## Distant Education

Our links with the Distant Education program has meant that our video, pamphlets and water bottles travel to far away places. Students on Yachts, remote pastoral stations and some overseas countries such as China, Saudi Arabia, Russia and Kazakstaan have received the meningococcal message.

## Junior Country Week Cricket

The members of the 40 teams who participated in the annual Country Week Carnival held in Perth in January were each issued with an Amanda Young Foundation water bottle.

We thank Troy Starcevic from the WACA for making the distribution on our behalf.





## Champions Breakfast

The Champions Breakfast held at Gloucester Park on 19th September provided a wide contrast of light hearted sporting anecdotes and sobering meningococcal messages for an appreciative audience.

Superbly hosted by Michael Thomson with a sumptuous breakfast provided by Spices Catering the scene was set for an enjoyable morning.

Dr Clay Golledge provided an incisive presentation in his usual inimitable style about the swift and lethal nature of meningococcal, and the numerous questions that followed from the audience was testimony to the quality of his address.

Ken Judge and Kim Hughes light heartedly teamed together in a humorous segment with tales from their road show, whilst Adam Gilchrist chimed in with an insight into the busy schedule of the modern day cricketer. Incidentally, Adam very accurately predicted the strong challenge that the Indian team would present during the summer Test series in Australia.

Our grateful thanks to our many regular supporters for their continued patronage, and to our guest panel for a very entertaining morning.

## Rockingham SHS Health Expo

The Foundation was represented at the Health Expo conducted by Rockingham SHS. Lorraine showed the video and spoke to several senior classes and pamphlets were distributed. Thanks to Taryn our Young Leader for her assistance during the day.

## Guildford Grammar School

Following a Guildford Grammar School student's brush with meningococcal we provided a bulk supply of pamphlets to the school. We thank Kevin Laing for his proactivity and the school for their ongoing support of the Young Leaders program and our Fun Rowing Regatta.

## Community Health Nurses

We thank the Community Health Nurses who are distributing our posters and pamphlets in conjunction with the meningococcal C vaccine campaign. We have made great inroads south of the river and hope to extend the program to the northern suburbs in 2004.

## Eleanor Harvey Nurses Society

Lorraine was a guest speaker at the Christmas Lunch of the Eleanor Harvey Nurses held in Shenton Park. The Function was a most pleasant one and we thank the Society for their generous donation of \$1,000.

## Sacred Heart College Sorrento

Our thanks to Young Leaders Victoria and Rachael and the Year 11 students at Sacred Heart for their generous support of the Foundation once more in 2003. The presentation ceremony at the College in December was a very moving occasion, which reflected positively on all



## Mandurah Basketball Association

The progressive Mandurah Basketball Association recently screened "Don't Catch The Killer" at their summer camp and issued every player with an Amanda Young Foundation water bottle.

We are currently working on a joint project with them to produce a message on a bottle with both our logos.

## Spreading the message

In the latter half of the year materiel was provided and talks given to Thornlie and Cannington Rotary Clubs, Rotary Handicap, Murdoch University, Rossmoyne SHS, Challis PS Health Expo, St Judes Langford, Glenlcoe PS Halls Head, John Curtin, Early Childhood Parents Leederville and Little Athletics State Conference at Mandurah.



**calisthenics**  
ASSOCIATION OF WESTERN AUSTRALIA (INC)



## Calisthenics Gala Day

The continuing support of the Calisthenics Association of WA has been truly amazing. Each year the proceeds of their annual presentation concert is donated to the Amanda Young Foundation and this year it was absolutely beyond belief. The organisers made a brilliant decision to turn the event into a family day, which made it far more appealing to a greater number of their members. The end result was the presentation of a cheque for \$3,000 for which we express our grateful thanks.

- YEAR 11 STUDENTS -  
**2004 Young Leaders Summit**  
 Point Walter Recreation Centre  
**19-22 April 2004**

Contact Desarae 9489 7791



**Fun Rowing Regatta 2005**  
**FEBRUARY**  
 Canning Bridge

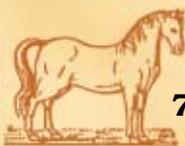


**Amanda's Garden Fete 2004**

**Wednesday 20th October**  
**Thursday 21st October**  
**Saturday 23rd October**  
**Sunday 24th October**



**OKLAHOMA**  
*Live On Stage!*



**Saturday 27 March 2004**  
**7.00pm Stirk Park - Kalamunda**  
*Under a Grand Marquee*



**TICKETS**  
**B Reserve \$18**  
**A Reserve \$33**



*All proceeds to the Amanda Young Foundation*

Contact Barry & Lorraine Young 9398 7275 or Desarae 9489 7791

THE AMANDA YOUNG FOUNDATION PRESENTS

Saturday 15 May, 2004  
 1900 - 0030  
 Burswood Plaza Ballroom

**Roio Mardi Gras!**



*Splashes of colour, carnival characters and the pulsating rhythm of the Caribbean recreates the energetic fanfare of a tropical carnival*

*We invite you dress up, make up a party and join us in an action packed night of fun!*

Champagne on arrival, fine food and wines with a great band will ensure a top night. Prizes galore, auction and a raffle complete the package for the night.

Thanks to the generosity of our major sponsors Burswood International Resort Casino, Corporate Theatre and Hay Shed Hill Margaret River Wines, we are able to present a ball of outstanding quality and value at \$125 per ticket. Burswood Plaza Ballroom will come alive with carnival characters, cool cuisine, crisp wine and all the entertainment of the Caribbean.

**Bookings are now open - Don't miss out!**

**TICKETS SELLING FAST!**

**Phone Desarae 9489 7791**

