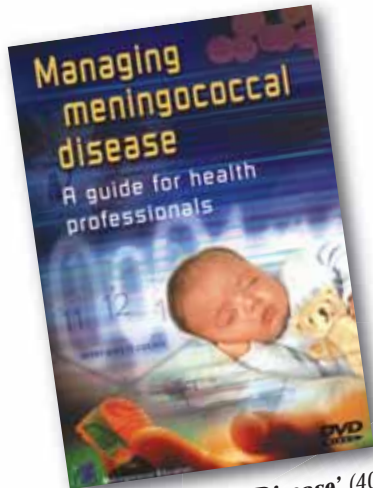




## DVD Launch



*Managing Meningococcal Disease'* (40 mins)

A vital new resource for doctors, nurses, paramedics and students – to help in the early diagnosis and efficient management of meningococcal septicaemia and meningitis was launched in Perth on 19 August at a pleasant function held at The Warehouse Café in Shenton Park.

The function was attended by a select gathering of medical and nursing representatives and supporters of the Amanda Young Foundation which was responsible for the major sponsorship of the project and remains committed to its meningococcal disease awareness program which commenced in March 1998.

This ground-breaking DVD contains practical advice from some of Australia's top meningococcal experts, together with vivid case studies and interviews with victims and their families. The DVD is divided into nine sections for easy access and covers the Signs and Symptoms, Making the Right Diagnosis Management Prior to Hospital, on Arrival at Emergency and Management in

Hospital, Diagnostic Tests, The Rash and Public Health Issues.

We believe that it will be an important tool in the early recognition and treatment of this swift and lethal disease. Expert spokespeople include:

- Dr Robert Hall, Chair of Communicable Diseases
- Prof Peter Collignon, Snr Microbiologist (The Canberra Hospital, ACT)
- Dr Clayton Golledge, Snr Microbiologist (Charles Gairdner Hospital, WA)
- Prof Robert Booy, Epidemiologist (The Children's Hospital at Westmead, NSW)
- Dr John Vinen, Emergency Support (Royal North Shore Hospital, NSW)
- Julie Friendship, RN, FCN, Nurse Educator (The College of Nursing, NSW)
- Dr Felicity Bidence, General Practitioner, Mosman, NSW.
- Dr Shirley Bowen, Director, Communicable Diseases (Dept of Health, WA)
- Dr Jeremy McAnulty, Director of Public Health, NSW

'Managing Meningococcal Disease' was produced by medical specialist journalist and filmmaker Kay Stammers, who has been researching the disease for four years, and has already produced three public education videos on meningococcal disease – for parents, teachers and teenagers – in conjunction with the meningococcal foundations of Australia. The DVD "Don't Catch the Killer" which is aimed at the vulnerable 16 – 24 year age group was also sponsored by the Amanda Young Foundation.

Special thanks to Dr Clay Golledge and Dr Shirley Bowen for their endorsement and to Caitlin Thorn for her incisive description of her experience with the disease.

Our thanks to the staff of the Warehouse Café, Shenton Park for the use of their superb venue and to the volunteers who assisted with morning tea.

Copies of the DVD can be obtained from The Amanda Young Foundation 9227 4237.



## Champ leads Meningococcal Fight

In Fremantle earlier this year World Super Lightweight Boxing Champion Kostya Tszu interrupted his extremely busy schedule of public appearances to obligingly pose for a photo at Sportz 29. He kindly donated a pair of boxing gloves and autographed them for the purposes of fund raising for the Foundation. Sadly the story does not have a happy ending as Kostya was beaten in Manchester several weeks later by Ricky Hatton and a question mark now hangs over his long and illustrious career. Our thanks to Kostya, his management team and Sportz 29 for their generous assistance to the Amanda Young Foundation.

# From the Chairperson



The Foundation has experienced a very successful six months of activities since my previous report in February.

The annual Eco-Health Summit for year 11 students held at Point Walter in April attracted an outstanding and enthusiastic group of representatives from 30

different schools from locations as far as Derby, Kalgoorlie and Albany.

This wide diversity of these participants plays an important role in taking the students out of their comfort zone and broadening their horizons. It also provides an opportunity for us to spread our community awareness program into more communities around the State. Our thanks again to the Explorus team for conducting the event in such a professional manner and to the guest speakers who spoke on a range of interesting topics.

This year's Ball at Burswood attracted 460 guests who enjoyed a great evening of dining, wine and revelry whilst making a wonderful contribution to the Foundation's financial wellbeing. Our generous major sponsors Corporate Theatre, Hay Shed Hill Wines, Burswood International Resort Casino, Argyle Diamonds and Australia Post and a multitude of donors of outstanding auction items ensured the viability of the event. The highlight of the evening was undoubtedly vocalist Danielle Everett who captivated the appreciative audience with her rendition of a delightful and amazingly diverse range of popular songs. My thanks to the dedicated committee for organising the event in a splendid manner and to our supporters for their continued patronage.

Our community awareness campaign was assisted greatly this year by the efforts of three young men Andrew Soley, Tim Williamson and Dave Robinson who walked the Bibbulmun Track in its entirety from Kalamunda to Albany.

The 1000 kilometre journey took them 8 weeks from 13 June to 11 August and we were delighted with both the press coverage that the walk received in the Community Newspapers along the route and the opportunity to hand out information material to schools.

Our most recent achievement was the launching of the DVD Managing Meningococcal to which the Foundation willingly contributed \$15000 as the major sponsor. We thank Kay Stammers for her assiduous devotion in the production of this special new resource for front line medical professionals and also thank the panel of medical experts who freely provided their advice. Thank you for your support.

Finally I particularly wish to note the continuing important work of Lorraine and Barry Young in promoting public awareness of Meningococcal and to thank them for their contribution to saving young lives in our community.

*Jeanette Hackett, Chairperson*

*Amanda Young Foundation News is written by Barry Young and compiled by Lorraine Young on behalf of the Amanda Young Foundation. Printed by Worldwide Online Printing Cannington. Photos courtesy of Community Newspapers, David Ryall, Tim Williamson, Dave Robinson and Christine and Paul Jones*



The Foundation for several years has been happy to support a research project undertaken at the School of Medicine and Pharmacology at the University of Western Australia based at the Royal Perth Hospital Campus. Noel Chow a PhD student under the supervision of Dr Steven Webb delved into the world of meningococcal genetics for more than 2 years and he is now completing his thesis.

In February this year Dr Charlene Kahler commenced duties as Senior Lecturer in Microbiology at U.W.A. Dr. Kahler has a great deal of experience studying Neisseria Meningitidis both in Australia and the U.S.A. and her work together with that of Dr. Webb is sincerely appreciated by the Foundation. We wish them well in their endeavours to assist in the process which will find the key to the door to that elusive vaccine which can prevent all cases of meningococcal disease.



*Dr Charlene Kahler*

We were delighted to provide an amount of \$7500 to Dr. Kahler for the purchase of special laboratory equipment and it was pleasing to note that this was matched on a dollar for dollar basis by U.W.A.

## 2005 Gold Medals

Dale Brierty popular South Perth hairdresser was awarded the 2005 individual Gold Medal for his unwavering support of the annual Charity Ball. Strictly Dancing was the fifth Ball held by the Foundation and it has been a long hard road from a very humble beginning with friends and relatives to being able to attract a crowd of 460. Dale has been on the Ball Committee since it commenced, he has a very practical approach, he is always enthusiastic and willing to contribute and his award was well deserved. The corporate award went to Channel 9 Perth who have been long term wonderful supporters of the Amanda Young Foundation and their assistance in disseminating the message about the swift and lethal nature of meningococcal disease has been outstanding. In 2004 they selected the AYF as one of the Appealathon recipients and as result provided \$120000 of community service announcements in prime time and additionally made a contribution of \$55000 to our funds. It was significant that in 2000 when we were seeking assistance in spreading the message that Channel 9 came to the fore and stayed as loyal supporters. Dixie Marshall and Michael Thomson have been happy to donate their services to act as Master of Ceremonies at our Ball and Champions Breakfast. Thank you to Paul Bowen and Channel 9 Perth for your wonderful support.



*Dale Brierty*



*Michael Thomson, Channel 9*

# Bibbulmun Track Adventure - Kalamunda – Albany

On 13 June three young men set out from Kalamunda to spend 8 weeks walking the 1000 kilometres of the Bibbulmun track to Albany.

What is special about this particular exercise is that the three decided to embark on the journey as a means of drawing attention to the work of the Amanda Young Foundation and hopefully to raise a few dollars along the way.

The prime purpose was achieved with the support of Community Newspapers from Kalamunda, Dwellingup, Mandurah, Collie, South West, Manjimup, Walpole, Denmark and Albany providing coverage and in several instances front page photos to highlight the achievement and remind people about meningococcal disease.

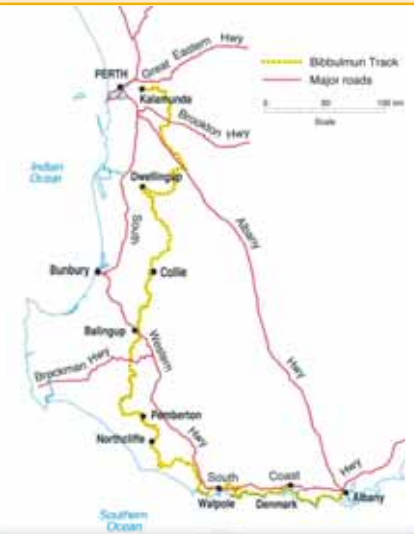
The team leader was Andrew Soley who is a 25 year old cousin of Amanda Young and he was accompanied by two very good friends Tim Williamson and Dave Robinson. The trio had some trekking experience as Andrew and Dave have previously walked from Glasgow to Fort William in Scotland in 2002 and Tim had experience in the Himalaya Mountains.

They were fortunate in that the commencement of the trek coincided with the driest July for a great number of years and apart from the cold, weather conditions were virtually ideal for the duration. The first sections from Kalamunda were quite difficult because of the steep terrain and the settling in period with the heavy packs (30kg) and the pounding on their feet which produced blisters which needed

careful management. The first food collection point and a barbecue lunch on the Brookton Highway was welcome as the first milestone had been accomplished. The pace was stepped up a second food collection made at North Bannister and then on to Dwellingup which was reached on 24 June. On their walk into Dwellingup they were accompanied by 15 local Primary School students who walked in from Holyoak with them. A rest and treatment for Andrews blisters was welcome. Following the Murray River was an interesting experience and a rendezvous at the Driver Rd crossing was made on time and a sausage sizzle in place of the pasta and muesli made a welcome respite together with a cold beer. Collie was reached on 5 July and some welcome home comforts (minus 3°C) one morning. The Trek continued through Balingup, Donnelly River, climbing cardiac hill and Pemberton another welcome rest and Northcliff, with an absolute highlight on 26 July reaching Mt Chance and being able to see in the distance the long awaited Southern Ocean. Walpole was reached on Friday 29 July and another welcome rest before pushing on through the Valley of the Giants, the spectacular Tree Top Walk and into Denmark on Saturday 6 August. The beach walks, gut busting sand dunes, numerous snakes and being treated to an awesome display by a whale during the final days were very memorable events. The Southern Terminus at Albany was finally reached on Thursday 11 August at 2pm completing a wonderful 8 weeks of adventure.

## SPECIAL THANKS

**Paddy Pallin Hay St Perth** - Special Clothing & Equipment. **Terlin Ooutback Communications** - Satellite Phone. **Bibbulmun Track Foundation** - Advice & Assistance, Linda Jean and Steve. **Kalamunda Hotel and Bankwest** - Sponsorship. **Dwellingup Hotel**, Kerry Botterell. **Origins Centre Balingup**, Karen McKenzie. **Donnelly River Village**, Sally Fitzgerald. **Watermark Kilns Northcliff**, Trevor and Jeanette. **Walpole Lodge**, Matt Champion and **Mt Lindsay View Denmark**, Ron and Debbie Feld. **Photography & Support**, Christine and Paul Jones. **GWN and Community Newspapers** for their excellent coverage of the walk.





Thanks to our major sponsors





*Strictly Dancing  
Ball - 2005*



HAY SHED HILL  
MARGARET RIVER WINES

ARGYLE  
DIAMONDS

AUSTRALIA  
POST

## YOUNG LEADERS ECO – HEALTH SUMMIT 13 - 16 April 2005

The annual Young Leaders Summit was held at Pt Walter earlier this year with 40 year 11 students from 30 different schools from around Western Australia attending.

Summit co-ordinator Val Mayger said that the Summit gave students a chance to discover and understand the qualities of good leadership, team building and goal setting with a particular interest in the areas of health and the environment.

The aim was to teach students the importance of leading a healthy lifestyle and maintaining a healthy living environment.

Marnie Atherton from Sacred Heart College said that she made many new friends, learnt a lot about herself and others and considered the Summit to be a worthwhile broadening experience.

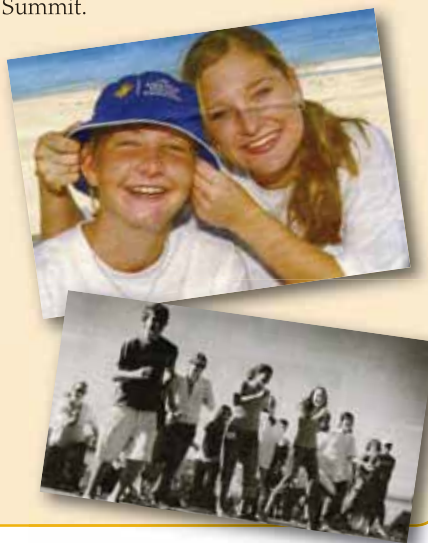
Nora Ihdahid said that she made many new friends, learnt the power of positive thinking, relaxation techniques and the need to maintain a balance in life.

The course is run on behalf of the Amanda Young Foundation by the Explorus team who put together a challenging program of team building exercises during the four days. A number of guests speakers attended the evening sessions to relate their experiences to the students on a

wide array of relevant topics such as the need to maintain a balance in lifestyle whilst undertaking an elite sport, the opportunities for young people to make a contribution to the community and also a segment about meningococcal disease.

Explorus are ably assisted during the course by Veronique with her Myers Briggs personality profiling exercises and Mike with his ever popular relaxation techniques.

Our thanks to the Office of Children and Young People's Policy for their financial contribution towards the cost of the Summit.



## Rottnest Swim 2005

We were fortunate to have increased representation in the annual swim to Rottnest held in February. Dr Steve Webb, Chris Macquillan, Chad Edwards-Smith and Bastian de Boer representing the Albion Club formed a strong team to make the crossing and Carroll Sellwood and her friend Paula Miller combined to also accept the formidable challenge. Both groups were active in seeking sponsorship with the Albion Club running an impressive quiz night and raising over \$3000 and Carroll being sponsored by work colleagues at Westpac Call Centre Joondalup where she raised the tidy sum of \$1100 which Westpac will match. As an additional bonus Carroll's mighty effort on behalf of the Foundation and why she did the swim, featured on the internal staff TV Bulletin which went Australia wide to every Westpac Branch. Our grateful thanks to these energetic and generous people for their wonderful support and we understand that training has commenced for 2006!



## Ryan's story

In our two previous Newsletters we were able to relate the stories of Harry and Caitlin. In each case when they reported to their medical doctor, a suspicion of possible meningococcal disease was aroused, the worst case scenario considered and prompt intervention with aggressive antibiotic treatment commenced without delay. The joy of the consequential completely successful outcomes has no bounds.

Sadly in 11 year old Ryan's case it is an absolutely tragic story which his parents Ron and Robyn who live in Victoria have very kindly agreed to share with us in order that we can all be better informed regarding this swift and lethal disease.

Ryan was presented to his local suburban hospital at 9.50 pm in the evening with sudden onset of back pain, vomiting and a fever. He was examined firstly by a triage nurse whose assessment was back pain and fever with a temperature of 37.5 degrees.

A doctor then examines him and makes his assessment, he admits that he is dealing with a very sick child, orders blood tests and appears to be perplexed by the case, firstly advising Ron and Robyn that it's a kidney infection, then changing it to acute gastro. Results of the blood

test indicate a bacterial infection, but no action is taken. At midnight a shift handover was done, the replacement doctor reads the reports but does not physically examine Ryan.

Around this time he is transferred to a small room away from the emergency department by nursing staff awaiting admittance into the paediatrics ward. Panadol was administered to relieve the temperature at 12.45am, yet the temperature continued to rise, peaking at 40 degrees at 2.00am when his vitals were checked, yet again no intervention by the doctor. His vitals were continually checked every 2 hours with no reduction in the temperature and no further action taken.

At approximately 7am he is admitted to the paediatrics ward, still not having been re-examined by the emergency doctor who began his shift at Midnight. Once again he is administered Panadol for the temperature. Ryan is finally seen by a doctor at 9am during ward rounds. During this examination, he vomits on the Doctor and at that point is relocated into an isolation room.

At about 10.30am, Ryan's mother discovers a pale pink rash on his legs when giving him a bath to assist in reducing his temperature and medical staff are informed. At approx 11am a Doctor orders a lumbar puncture and he is taken away

for this to be done along with a CT scan. Shortly after Ryan returns, the parents are advised that the child has Meningococcal Meningitis. Only at this point are the first antibiotics administered. As this is happening, Ryan has a seizure and the decision is made to place him into a medically induced coma. He is then placed on life support and prepped for transportation to the Royal Childrens Hospital via air ambulance.

The parents call the RCH at 4pm that afternoon when picking up a change of clothes, only to be advised that their child was very, very ill, and was undergoing emergency surgery to relieve pressure from his brain, they are then told the news that every parent dreads, that their child was expected to survive surgery, but that his chance of survival after that was very slim.

At 3.00pm on the following day, Ron and Robyn are advised that Ryan is brain dead and none of the vital organs can operate without the aid of life support. The decision is made at 5pm that evening to withdraw life support and he passes away in the arms of his parents with his immediate family looking on.

Our deepest condolences to Ron and Robyn and our special thanks to them for sharing Ryan's heartbreaking story and thereby assisting with our awareness campaign.

## SPREADING THE MESSAGE

We have been delighted to be invited to address several Probus Clubs in recent months. The contact with the Probus Combined Clubs of Murdoch late last year was instrumental in our being invited to the City Beach, Woodlands and Attadale Clubs.

The viewing of Don't Catch the Killer and a talk from Lorraine about the work of the Foundation and the importance of vigilance and care with young children provides a great deal of food for thought.

Radio is a great means of getting a message transmitted and we were happy to take up the offer to appear on Howard Sattler's Community Profile Program on 6 PR. Kalamunda Community radio, 92.1 FM, Groove FM and with Steve Gordon on 6PR.

Congratulations to the Staff at Cyril Jackson and Mt Lawley Senior High School for their initiative in conducting Health Expos for students. Both events were well conducted

and well attended by a large number of health information providers.

Our close co-operation with University of W.A. continued and we were happy to distribute information at both the Orientation Day and during the Linq program.

Posters and pamphlets were also supplied to Edith Cowan and Curtin Universities.

Talks were given at Gosnells PS, Dwellingup PS, St Joseph's College Albany, Noranda PS, Carine SHS, Melville SHS (2) and Gooseberry Hill PS.



## Message Carrying Water Bottles

During the last six months over 5000 of the Foundations' Message Carrying Water Bottles have been put into circulation. The opportunity to attend Senior High School Country Week and the Women in Sport Schoolgirl breakfast was gratefully accepted as this allows our message to be distributed broadly across the community.

The State under 16 and under 18 WA Football squads used our bottles at their respective carnivals earlier this year and we were delighted to be able to supply the State Calisthenics team with bottles for use during their National Competition. Ursula Frayne College Victoria Park organised a fun run and competitors each received a water bottle for use during the event.

The Bibbulmun track walkers passed through Dwellingup, Pemberton, Northcliff, Walpole and Denmark on their trek to Albany and 800 water bottles were handed out for distribution to schools along the way.

Wanneroo Netball, WA Womens Rugby League and Lacrosse have also participated in the "Do Not Share Drinks" program and Clubs are invited to join this health promotion program by contacting the Amanda Young Foundation.

## Senior High School Country Week

Our participation in Senior HS country week continued this year and we thank Mr. Ian Temby from School Sport for his co-operation and support. The opening ceremony performed at Perry Lakes in front of a packed grandstand is a heart warming experience which we consider to be very rewarding and we trust that our message of not sharing drinks is not lost in the euphoria of the event.

## Strictly Dancing

A record crowd of 460 guests packed the Plaza Ballroom at Burswood on 21 May for a wonderful night of entertainment. Exhibition dancers during the pre-dinner drinks set the scene for an action packed night and guest artist Danielle Everett charmed her way through an amazingly diverse range of popular songs and went way over time to the delight of an appreciative audience. Ever popular Tod Johnston with Peace Love and All that Stuff completed a memorable night.

Our thanks to our major sponsors Burswood International Resort Casino, Corporate Theatre, Hay Shed Hill Margaret River Wines, Australia Post, Argyle Diamonds, Linneys and Odgaard Jewellers for their generous support and to all of the other Donors for providing a terrific array of items for the auction and raffle and outstanding contributions from local artist with Robyn Lowry's magnificent rose painting attracting enthusiastic bidding. Special thanks to Ron Farris, Michael Thomson, Tod Johnston and our Young Leaders.

Good food, good wine and beer completed a great night and raised over \$40000 for the Foundation. Thanks everyone.

## Amanda Young Memorial Award

Congratulations to Rebecca McCreedy from the Penrhos second eight for being the 2005 recipient of the Award for the best team member of the Penrhos Rowing Squad. This annual award in recognition of Amanda's love of the sport was presented at the annual Head of the River Dinner on 13 August at Penrhos College on a wonderful night following a record breaking year with Penrhos first eight winning the Head of the River and the squad winning the Regatta and also Champion School for 2005.

## Grant Thornton Golf Day

Our thanks to Geoff Kidd and staff and guests for their hospitality and generosity at the Annual Corporate Golf Day held at The Vines on 10 May. The elusive circle remained out of reach and at the end of a most pleasant day the Foundation received over \$1300 from the large field of golfers. The opportunity was taken to distribute meningococcal disease information to the many interested participants. The Vines staff as usual provided their excellent co-operation and assistance for which we are most grateful.

## Aquinas College Cake Stall

Daniel Mahoney who attended our Young Leaders Summit in 2004 was responsible for organising a St Patrick's Day cake stall at Aquinas and we were delighted when he made a presentation of \$614.55 to the Foundation. Thank you Daniel for your initiative and leadership and continued support.

## Calisthenics Association of W.A.

An item missed from the February Newsletter was an acknowledgement of the fantastic effort by the Calisthenics Community in again donating the proceeds of their 2004 Annual Gala Day (\$1500) to the Amanda Young Foundation. The new daytime format with sausage sizzle lunch has proved to be a successful innovation as the Midland headquarters was packed out for this most enjoyable event.

## Women in Sport Schoolgirl Breakfast

We were delighted to be invited to attend the annual Schoolgirl breakfast held at Challenge Stadium on 17 August. The foundation provided a message carrying a water bottle and information pamphlet to each of the 1050 participants. The event opened with a stunning display from an acrobatic group (Estrada) and was compered by Dixie Marshall. A panel of successful young women athletes including Allana Slater and Kylie Wheeler told of their experiences and handed out hints on how to reach the elite level of their chosen sport.

CHECK OUT OUR WEBSITE

Thanks to Jaz Creative for their ongoing support. Visit [www.amandayoungfoundation.org.au](http://www.amandayoungfoundation.org.au)



## Amanda's Garden Fete

26th, 27th and 29th, 30th October 2005

Mass display of Roses, Water Features and Ornamental Trees in a Rural Setting

- Musical Interludes • Art Exhibition • Plant Sales
- Sausage Sizzle • Morning and Afternoon Teas

Location: Junction of Matison and Margaret Streets, Southern River, in the City of Gosnells

Proceeds to the Amanda Young Foundation for meningococcal awareness

Tickets only  
\$30 per person



THE  
AMANDA  
YOUNG  
FOUNDATION

PRESENTS

Australia's singing sensation - direct from "Hair", "Singing in the Rain" and the original Australian production of "Phantom of the Opera"



*Danielle Everett*

In an exclusive charity concert, accompanied by the absolutely amazing voice of Dale Burridge.

Sunday, October 30th, 2005  
7.00pm - 9.30pm

Penrhos College Performing Arts Centre  
(Strictly one performance only)

Proudly Sponsored by:



## CHARITY CONCERT

Sunday 30 October

Guests at this year's Strictly Dancing Ball were left spellbound by the enchanting performance of delightful Danielle Everett who charmed the gathering with a wonderful array of popular songs. Danielle will return to Perth in October and she has kindly agreed to again perform for the Amanda Young Foundation at the superb Penrhos Performing Arts Centre in Como. As an added bonus she will be accompanied by the amazing voice of Dale Burridge.

Tickets are very moderately priced at \$30 or \$25 Senior/Student Concession for an event of this outstanding quality. Early bird tickets at \$25 are available prior to 1 October and a concession will also apply to block bookings of 20 tickets for \$500. Tickets can be purchased by sending your order form to Mrs Eileen Teuchert, Penrhos College, PAC Co-ordinator, Locked Bag 690, Como WA 6952. Eileen can be contacted on 9368 9556.

Our grateful thanks to Eileen for handling ticket sales for us and facilitating arrangements for the concert. Special thanks to our generous sponsors CORPORATE THEATRE, FIAA AUSTRALIA, REAL ESTATE PLUS MIDLAND and PENRHOS COLLEGE.

### Watch this space!

## Young Leaders Eco-Health Summit APRIL 2006

## Ball - Burswood Plaza Ballroom

## 13th MAY 2006

