

The Amanda Young Foundation



Detect + Protect

Buddy will help you take care of your health by showing you how to **DETECT** bacteria problems and how to **PROTECT** yourself.



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fighting meningococcal disease



Who is Buddy?

Buddy is

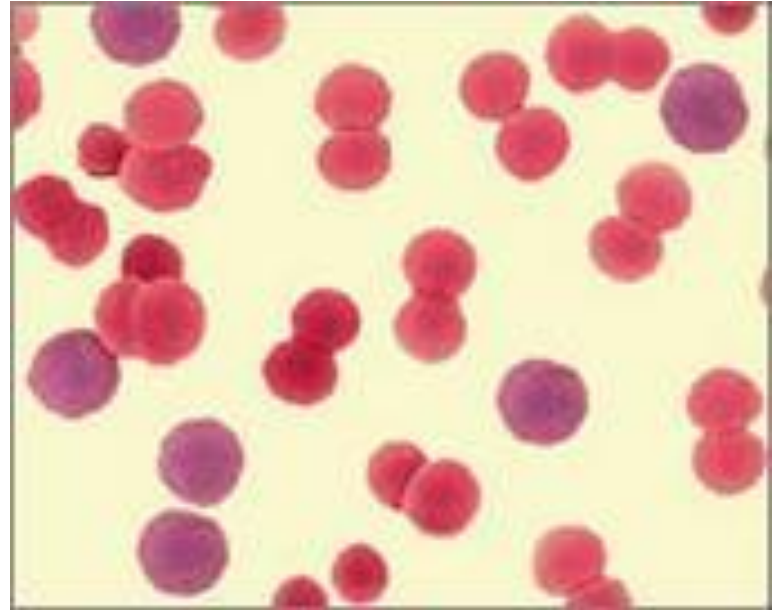
- Strong
 - Clever
 - Protective
 - Great Detective
- and is here to help you stay healthy.

Detect + Protect

Buddy lived with the Young family many years ago. Barry and Lorraine Youngs' daughter, Amanda Young, was sick with meningococcal disease in 1997. The Youngs started **The Amanda Young Foundation** in 1998 to educate Western Australians about this disease.



MENINGOCOCCAL



Let's take a quiz.....



QUIZ



A - raise your right hand



B - put your hands on your hips



Question 1



What is bacteria?



a. An organism found on all living things

b. A chemical



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Question 2



What is Meningococcal?

- a. A type of bacteria that can cause a serious disease
- b. Something found in water





Question 3

What do you think will happen if you get meningococcal disease?

a. You will need to rest for 24 hours



b. You will feel sicker than you have ever before and will need to go to hospital



Question 4



What should you do if you think you have meningococcal disease?

a. Tell a trusted grown up you feel very sick and need to see a doctor



b. Go to bed and rest



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Question 5



What do you think is our main motto?

a. Be aware, don't share!



b. Let's play and keep bugs away!



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Question 6

Is meningococcal disease?

a. Rare (less than 300 cases in Australia)



b. Common



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Question 7

Meningococcal disease can be treated with antibiotics.....True or False?

a. True



b. False





Question 8

Meningococcal bacteria are passed by:

a. Dust particles



b. Mucus particles



Meningococcal is a bacteria not a virus

Meningococcal infections need antibiotics and treatment in hospital



Meningococcal Disease is RARE

Meningococcal Bacteria are found in the mucus at the back of your throat and nose



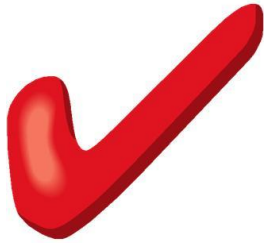
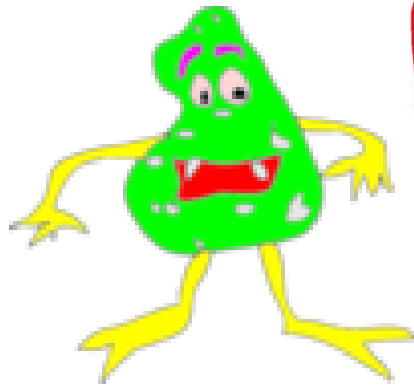
Be Aware – Do Not Share anything that has been in your mouth



**How many types of bacteria
live in our mouth?**



GOOD bacteria



Healthy



OVER 700 types!
OVER 7 billion in
number.

BAD bacteria



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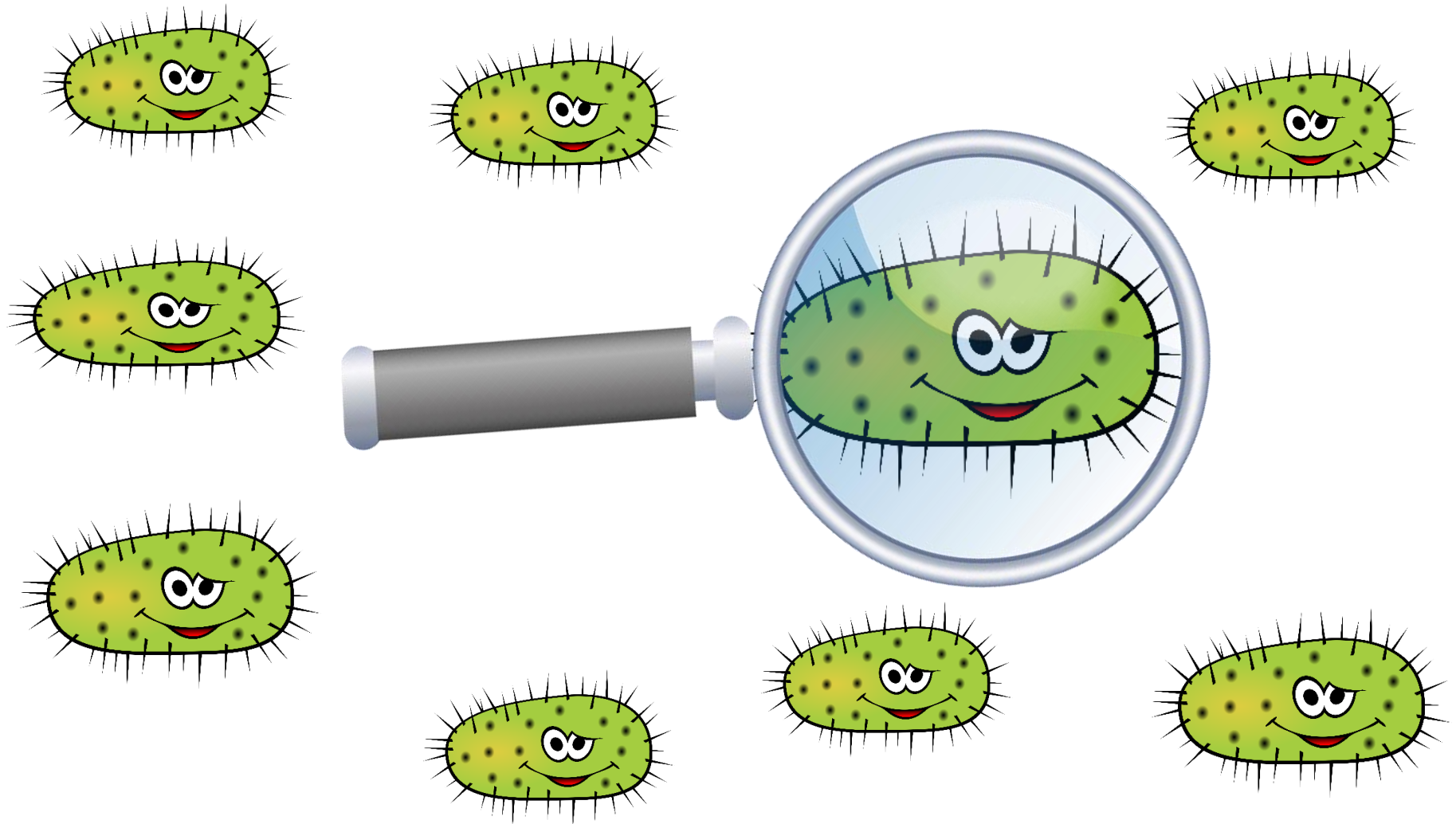
Sick



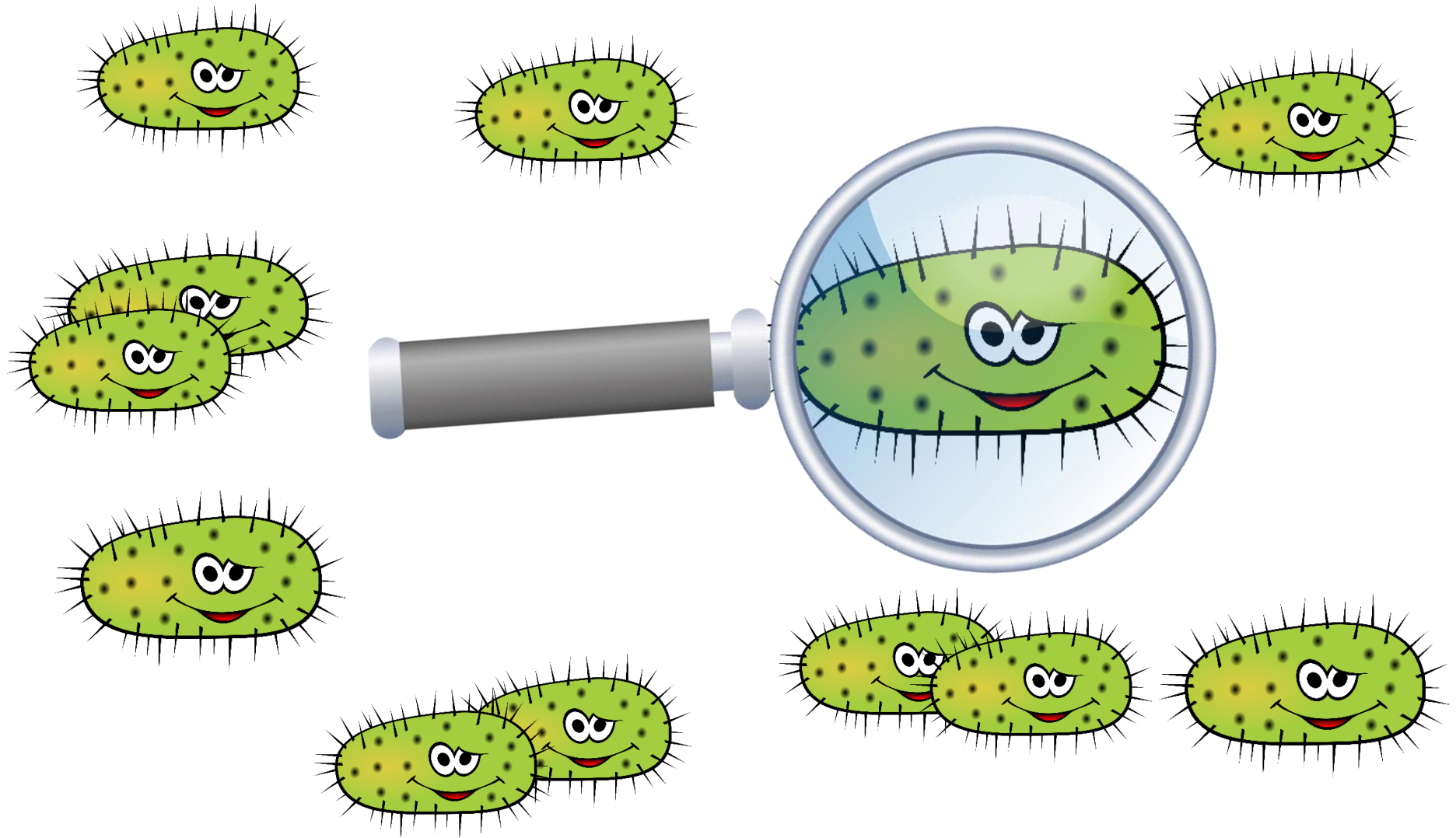


**Mystery bag – to share or not to share –
that is the question!**

**How many bacteria can you see on
the following slides? SLIDE 1**



**How many bacteria can you see on
the following slides? SLIDE 2**







21



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Symptoms of Meningococcal Disease



fever (which may
not respond to Panadol)



tiredness or drowsiness

Muscle ache
Cold hands and feet
Headache
Spots or marks on the body



nausea or vomiting



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Wash, wash, wash your
hands
Rub and scrub them clean

Count to twenty
That is plenty

Remember in-between.

(Sing 3 times)



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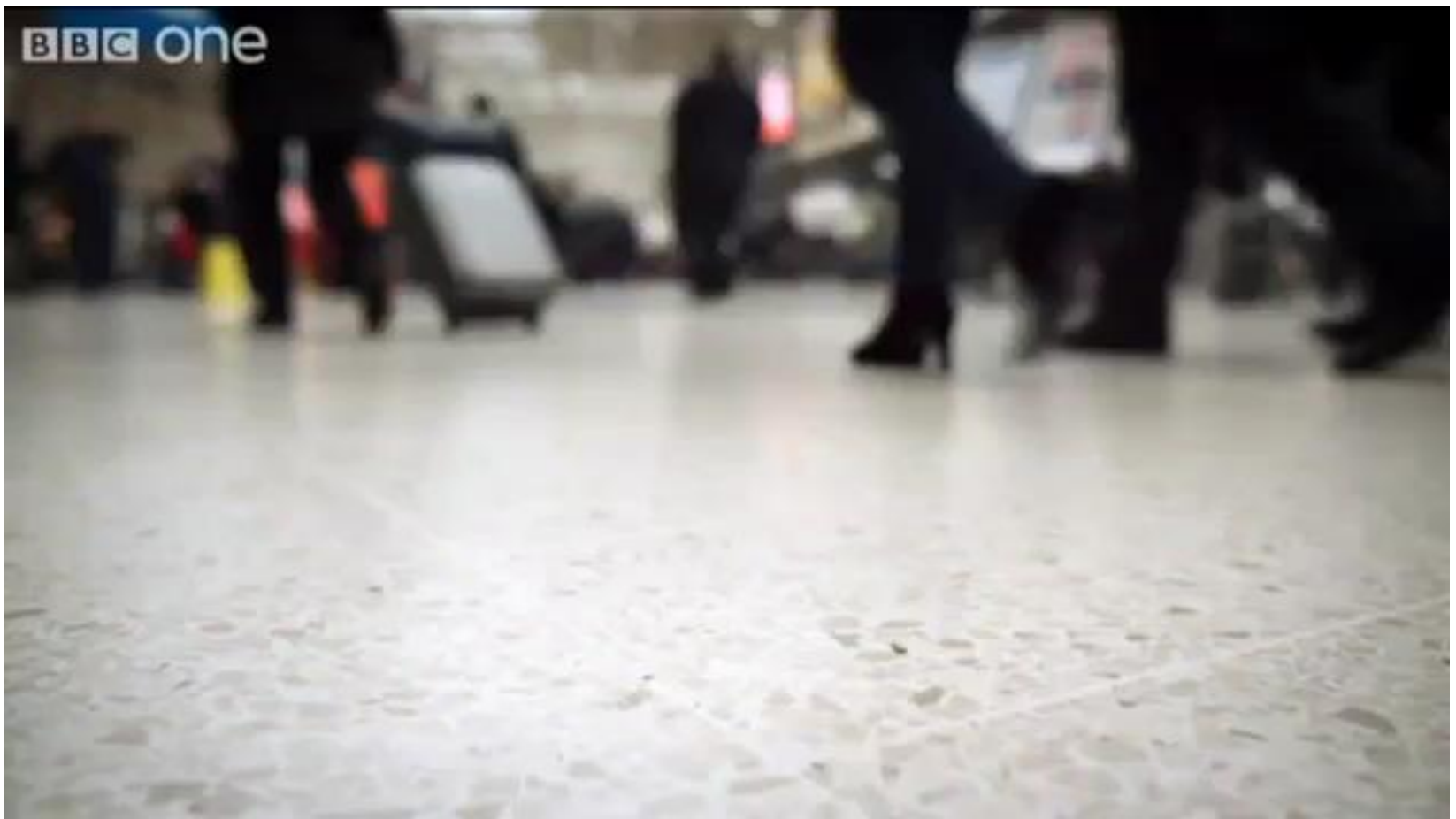
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Men – ingo – coccal
Men – ingo – coccal
Where - are - you?
Where - are - you?
At the back of your throat
And inside of your nose
A – tish - oo!
A - tish - oo!



Men – ingo – coccal
Men – ingo – coccal
What - to - do?
What - to - do?
Be aware and do not
share
Anything from your mouth
Bac – teria - Shoo
Away - from - you!

BBC one





- Cover your coughs and sneezes
- Wash your hands for 20 seconds
- Stay home if you're sick
- Tell an adult when you feel unwell
- Do not share anything that has been in your mouth



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What can we see here?



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Stay well
everyone.
Remember to
DETECT and
PROTECT.



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